



2022-2023

ANNUAL REPORT



Partenariat de l'est de la Montérégie pour
la communauté d'expression anglaise

Monteregie East Partnership
for the English-Speaking Community

MEPEC
106-551 Boul. Sir-Wilfrid-Laurier
Beloeil, QC J3G 4J1

450 281-3732
info@mepec-pemca.org
www.mepec-pemca.org



Contents



- 1** Introduction
- 3** President's Message
- 4** Executive Director's Message
- 5** Organizational Structure
- 6** Organizational Chart
- 7** Financial Statement
- 9** Activity Report
- 15** Our Funders

Introduction

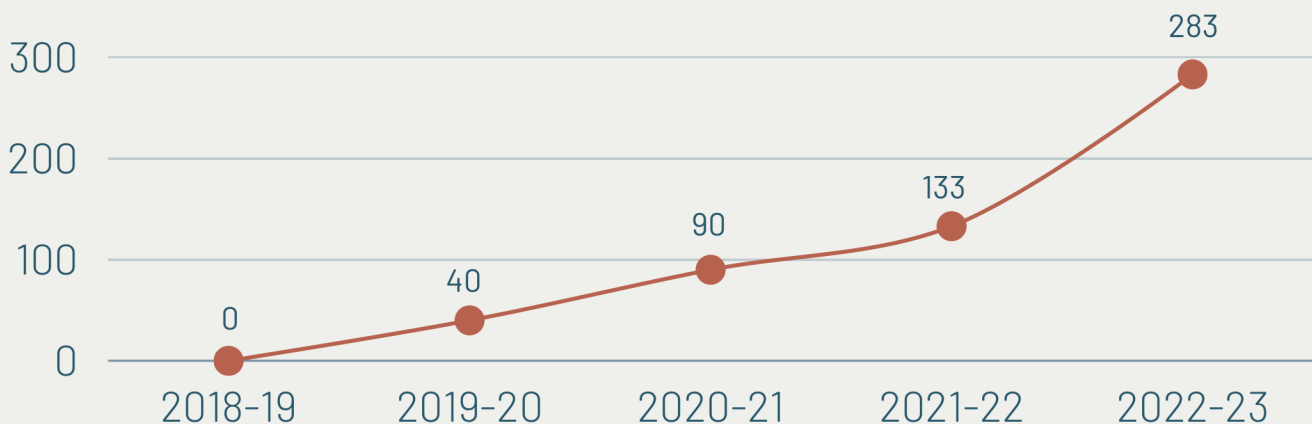


Mission

The Montérégie East Partnership for the English-Speaking Community (MEPEC) is a non-profit organization dedicated to serving the interests of the English-speaking community (ESC) in the Montérégie-Est region. MEPEC works collaboratively with public, community and private organizations as well as citizens in relation to the needs of the English-speaking population of the Montérégie-Est in order to:

- **Connect** with and represent the ESC of the Montérégie-Est.
- Improve **communication** between English-speaking citizens and local service providers.
- Create or adapt opportunities for the English-speaking citizens of the Montérégie-Est of all ages to learn, socialize and remain active.
- **Facilitate** access to English documentation and services.

Membership

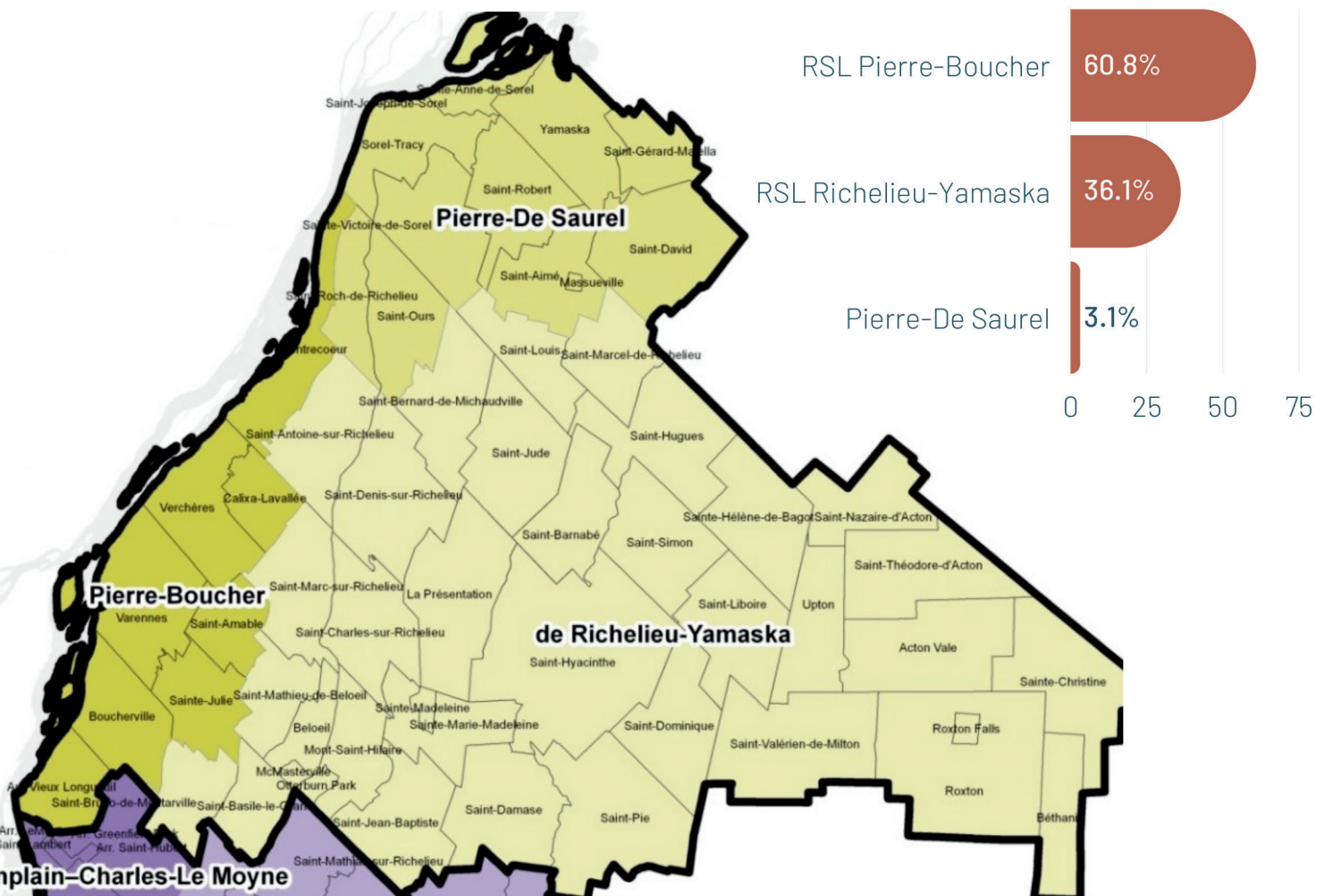


Montérégie-Est

MEPEC serves the Montérégie-Est region, which has a population of approximately 24,640 English-speaking residents (Census 2021) in 57 municipalities covering 3,484 km.

The English-speaking population lives mainly in the two RLS (*réseau local de services*) Pierre-Boucher and Richelieu-Yamaska.

English-speaking population 4.7%



Sources:

Pocock, J., 2023, Demographic Profiles of English-speaking communities, RTS de la Montérégie-Est (1620), based on the 2021 census of Canada, produced for the Community Health and Social Services Network.

President's Message

Another year has gone by and looking back, as we emerge from beneath COVID, I have to say we have had a great year.

Slowly but surely, we started up our in-person activities. We introduced new activities to our Seniors; we forged forward with our Early Childhood programs in the Community Space and our Art Hive initiatives were very well attended. Simply speaking, our activities were a great success, as you'll see in this report.

This year, we had the pleasure to attract a student in the McGill Bursary program and give to her a \$10,000.00 bursary in order to support her in her studies in health and social services. We are definitely looking forward to another successful year as we are expecting more applicants to the program. Finally, we formed strong and key new partnerships with surrounding municipalities, Beloeil and St-Hilaire, as well with schools and community organizations.

Karoll-Ann, our Executive Director, left on maternity leave in July for 9 months, leaving MEPEC in capable hands. While the transition brought many challenges, her Team of dedicate employees and volunteers stayed the course and were happy to welcome her back in March.

As President of the Board, I would like to thank my fellow Board members who have supported me throughout the last couple of years and while we have also had our challenges, I am confident that moving forward we will continue to improve.

I would like to note that we said farewell to Sheena McInnis who did an amazing job of revamping our Website, I'd like to welcome Lucas Dagnino, our new Treasurer and I am pleased to announce that Lorraine Ostiguy has rejoined the Board as our Secretary and Stephen Thompson, one of the founding members of MEPEC, who has also rejoined the board.



Thanks to the MEPEC team of Karoll-Ann: Debbie, Kareen, Alexandra, Jessica, Regina, Megan and Paige. Thanks also to Tendai who handled special projects to improve MEPEC's organizational capacity.

Let's not forget that all the programs offered to you, our community, would not be possible without the support of our main funders, Health Canada and the Secrétariat aux relations avec les Québécois d'expression anglaise, as well as our funder-partners, Community Health and Social Services Network and Regional Development Network.

Lastly, where would we be without volunteers? THANKS to all our hard-working volunteers who work in the library, who lead the walking group and our Art Hive, who help and support the MEPEC team every time they were asked.

Paul Mitchell
President

Executive Director's Message



Resilience is the key word to represent the year 2022-2023.

It was with mixed emotions that I left MEPEC for the second time, to look after my second son. While I was delighted to welcome a new member to my personal family, I had to leave my professional family, for a time. As some people know me, I couldn't stay away for long and visited them as much as I could.

Together with the team, I prepared the transition of the organization's leadership since January 2022. We were ready, but not quite. So I'd like to take a moment to thank Danica Logan, who took over from me and looked after the boat and kept it afloat. While adapting to this new position has been difficult, the whole team has also faced many challenges and shown resilience.

It was with surprise that I returned in March and was introduced to this NEW MEPEC; first with the addition of a staff member (welcome Regina!) and so many new faces (members and volunteers). I certainly haven't had time to introduce myself to

everyone, but I've tried. While I was away, I knew that MEPEC would do its best, and I was pleased to see that you succeeded and even exceeded my expectations.

Our early childhood programs have exploded in terms of attendance and participation from the parent community; our Art Hive workshops have introduced us to real artists, hidden away for years; new partners have opened the door and welcomed us to collaborate in improving access to services in English.

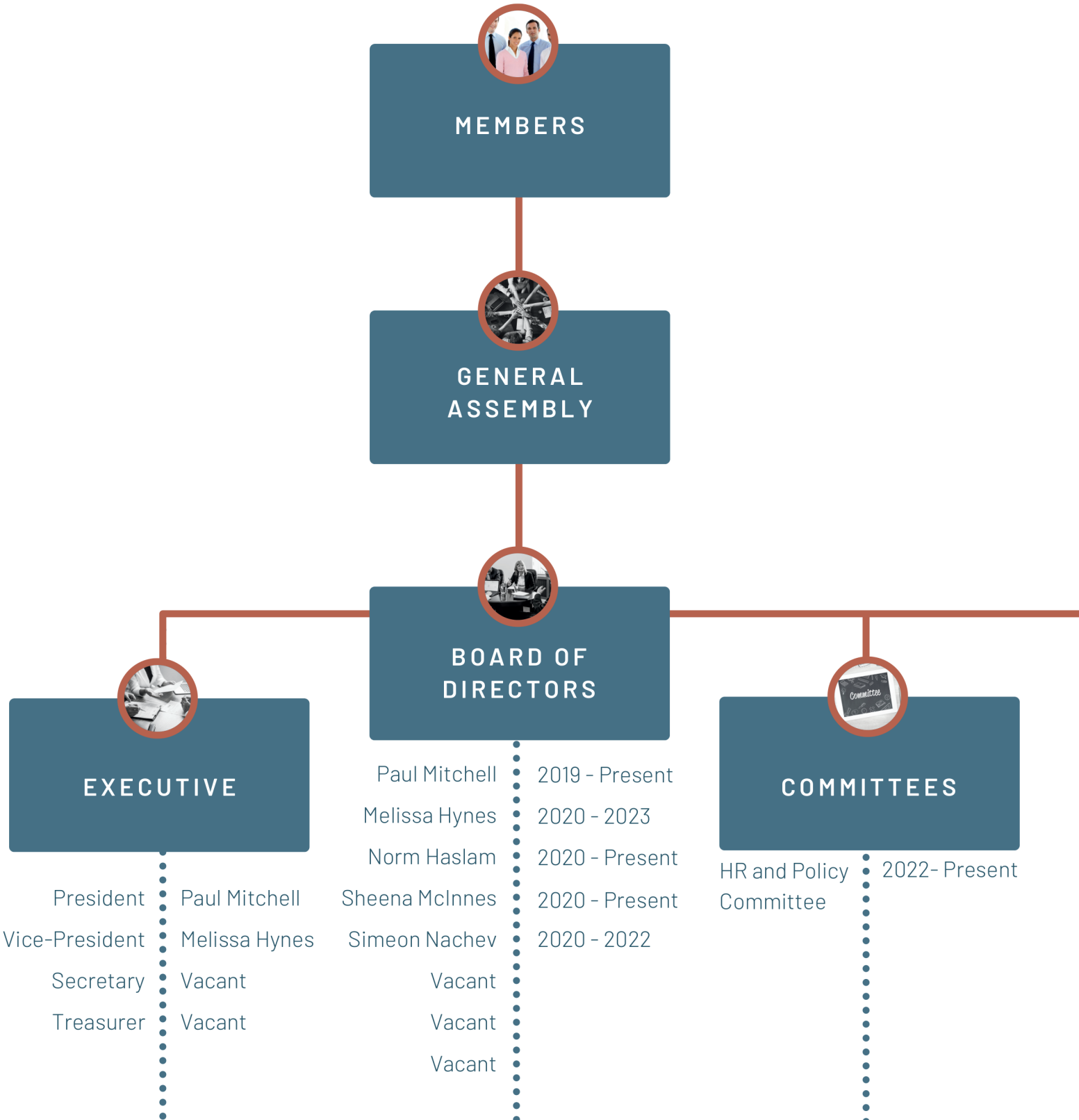
Indeed, partnerships are the cornerstone of our success. I'd like to thank the CISSS Montérégie-Est, the Richelieu-Valley Community Learning Centre, the Royal Canadian Legion and many others for their ongoing collaboration and support.

I would also like to thank the Secrétariat aux relations avec les Québécois d'expression anglaise, whose support has enabled us to improve our organizational capacity and expand our mandate. We are very grateful to all our funders (the Community Health and Social Services Network (CHSSN) and the Regional Development Network (RDN)), who have helped us meet the needs of our community.

As always, I am very grateful for the dedication of our Board of Directors, staff, members and volunteers. Thanks to your ongoing commitment, MEPEC has helped sustain the vitality of our diverse English-speaking community in the Montérégie-Est region. We look forward to continuing to work with and for our community to make it a place that's better than ever.

Karoll-Ann Carrier
Executive Director

Organizational Structure



Organizational Chart



KAROLL-ANN CARRIER

Executive Director
April to July 2022



DANICA LOGAN

Interim Executive Director
July 2022 to March 2023



DEBBIE HANNEY

Program Manager



ALEXANDRA BLASSETTI

Administrative Officer



CONSULTANTS



KAREEN MASSÉ

Youth, Family and Mental
Health Coordinator



REGINA UYOGA

Outreach and
Liaison Coordinator



JESSICA SYPHER

Seniors' Wellness and
Outreach Coordinator



VOLUNTEERS



LOGAN DAGNINO

Communication Agent



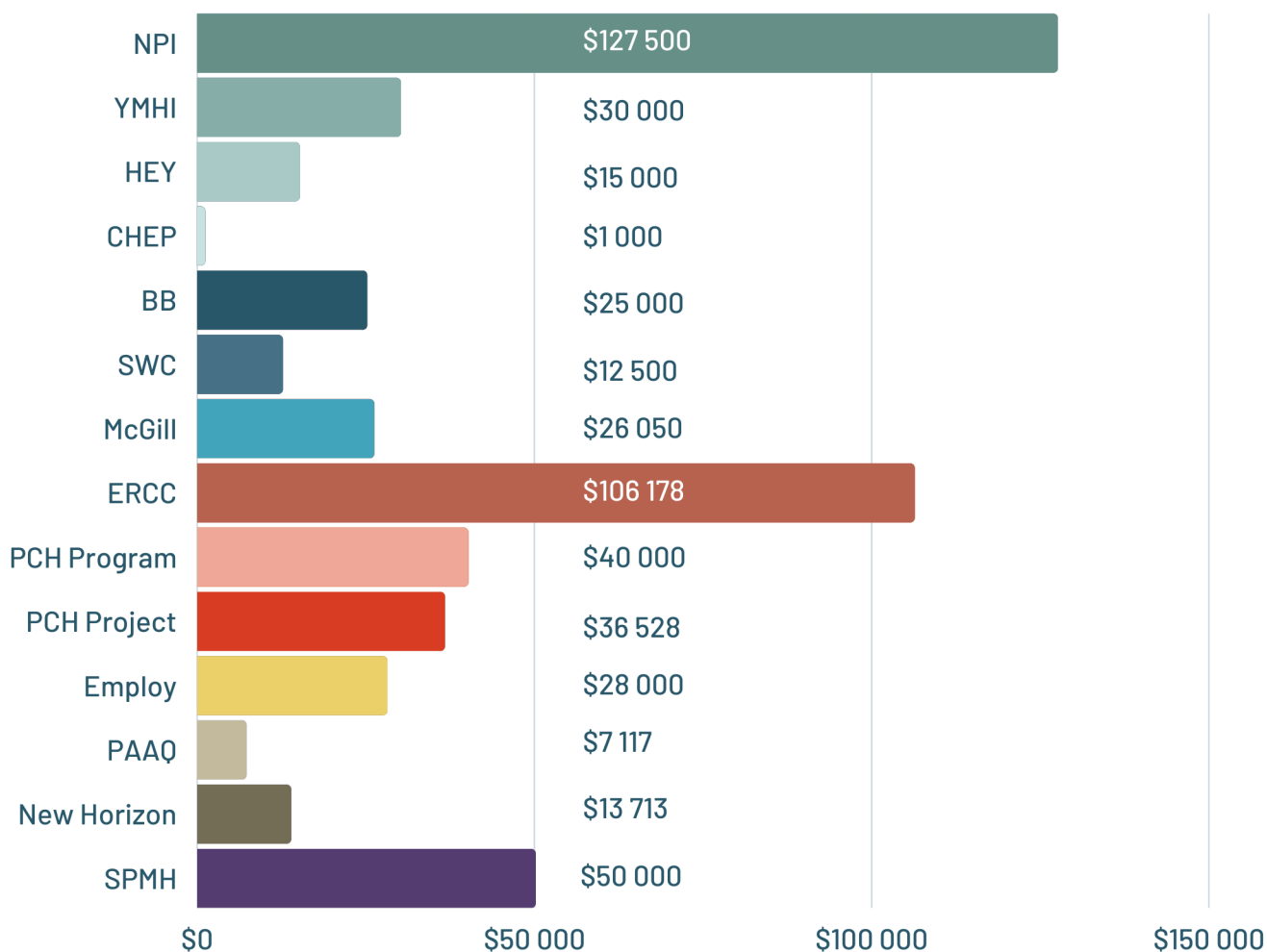
CONTRACTUALS

Financial Statement

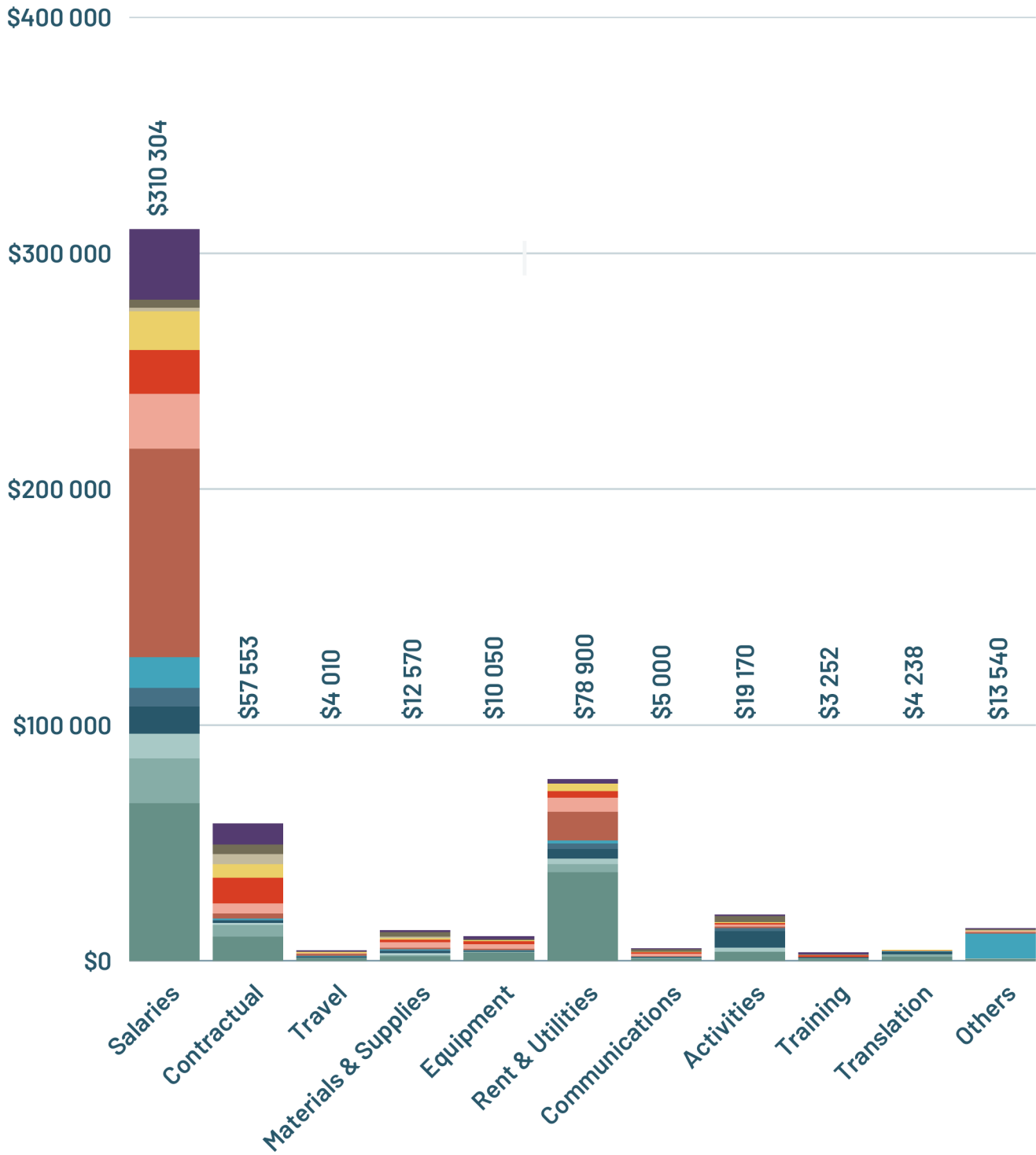
Funding

MEPEC's main funder is the Community Health and Social Services Network (CHSSN). Over the past year, MEPEC has received different project funds through CHSSN, Fondation Lucie et André Chagnon and the Canada government, such as Network and Partnership Initiative (NPI), Youth Mental Health Initiative (YMHI), Healthy Early Years (HEY), Community Health Education Program (CHEP), Bright Beginnings (BB), and Supporting and Prevention Mental Health (SPMH). MEPEC has also received funding from McGill University for the McGill

Community Network Bursary Program, the Seniors' Wellness Centre (SWC) and Enhancing Regional Community Capacity (ERCC) from the Secrétariat aux relations avec les Québécois d'expression anglaise (SRQEA), Programme Action Aînés Québec (PAAQ) from the Québec government, a program and project funding from Canadian Heritage (PCH) and finally from the Regional Development Network (RDN) and the SRQEA for the Employment Strategy Program. In total, MEPEC received \$518,586.68 in funding for the year 2022-2023.

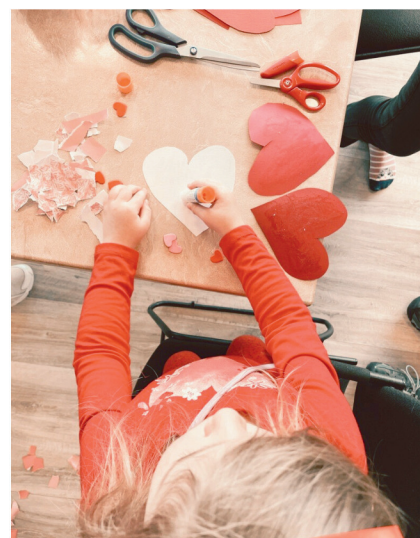


Expenditures



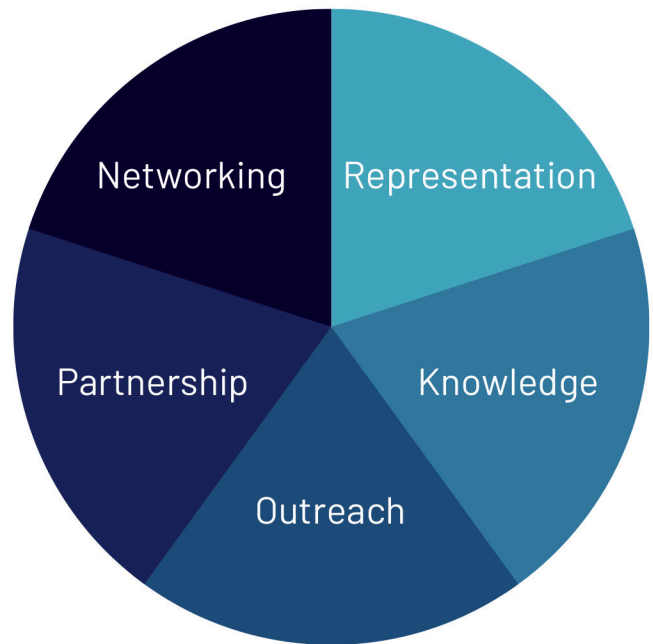
Activity Report





Since 2019, MEPEC has adhered to the CHSSN [Partnership Approach](#), the [Community Mobilization Model](#), the [Community Liaison Model](#) and the NPI Wheel in order to reduce barriers and improve access to services in English for Montérégie-Est English-speakers.

The NPI Wheel consists of 5 main components on which MEPEC focuses its strategy: Networking, Representation, Knowledge, Partnership and Outreach. For each component, MEPEC works continuously so the English-speaking community experiences improvements in accessing services and information in English.



Networking & Representation

Throughout the year, MEPEC met with, brought together and mobilized organizations to improve the services for the English-speaking community (ESC). MEPEC met with numerous community, public and private organizations to discuss with and inform them of the needs and realities of the ESC. Additionally, we explored how to improve the well-being of the ESC.

MEPEC also participated in many decision-making tables and committees that have an impact on the community. In these instances, MEPEC represented the interests of the ESC and brought to the table its needs and priorities for consideration. MEPEC has presented the needs and priorities of the ESC

has created links and brought awareness to the organizations present at these meetings.

MEPEC is a member of 8 tables and committees from many different sectors:

- Health and Social Services
- Socio-economic
- Seniors
- Youth
- Early Childhood
- Mental Health
- Community Development



Total of 33 organizations met

Total of 12 presentations done

Total of 147 meetings attended

Knowledge Development

MEPEC has continued to organize discussion tables and committees to discuss the challenges and priorities of the English-speaking population of the Montérégie-Est, and created action plans to improve access to services in the English.

Staff attended 35 training sessions to improve their skills. MEPEC has also hosted a new initiative in the Montérégie, called Montérégie Way, in partnership with its two sister organizations in the Centre and West. This retreat represented an excellent opportunity to gather knowledge, participate in common training and attend workshops to increase our knowledge and better serve the English-speaking community of the Montérégie.

MEPEC with its partners (Riverside School Board, RVCLC, MWCN, Kits for Kids, ARC) produced around 500 school transition bags for English-speaking parents and young children to help them prepare for the transition to school.

Outreach

While attending fairs and community and municipal events, MEPEC distributed more than 200 types of English documents to improve access to information in English.

MEPEC has provided almost 30 referrals and support to the English-speaking citizens. Part of its support, MEPEC refers people in need to the right resources or organizations and offers support in translation from French to English but also English to French.

Our Interim Executive Director participated in a special show at TVR9 in order to raise awareness and promote MEPEC.

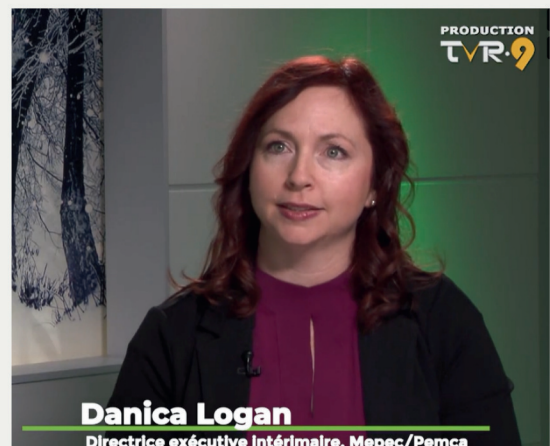


35

training sessions
attended by the
staff

200+

More than 200
documents
disseminated to
the community



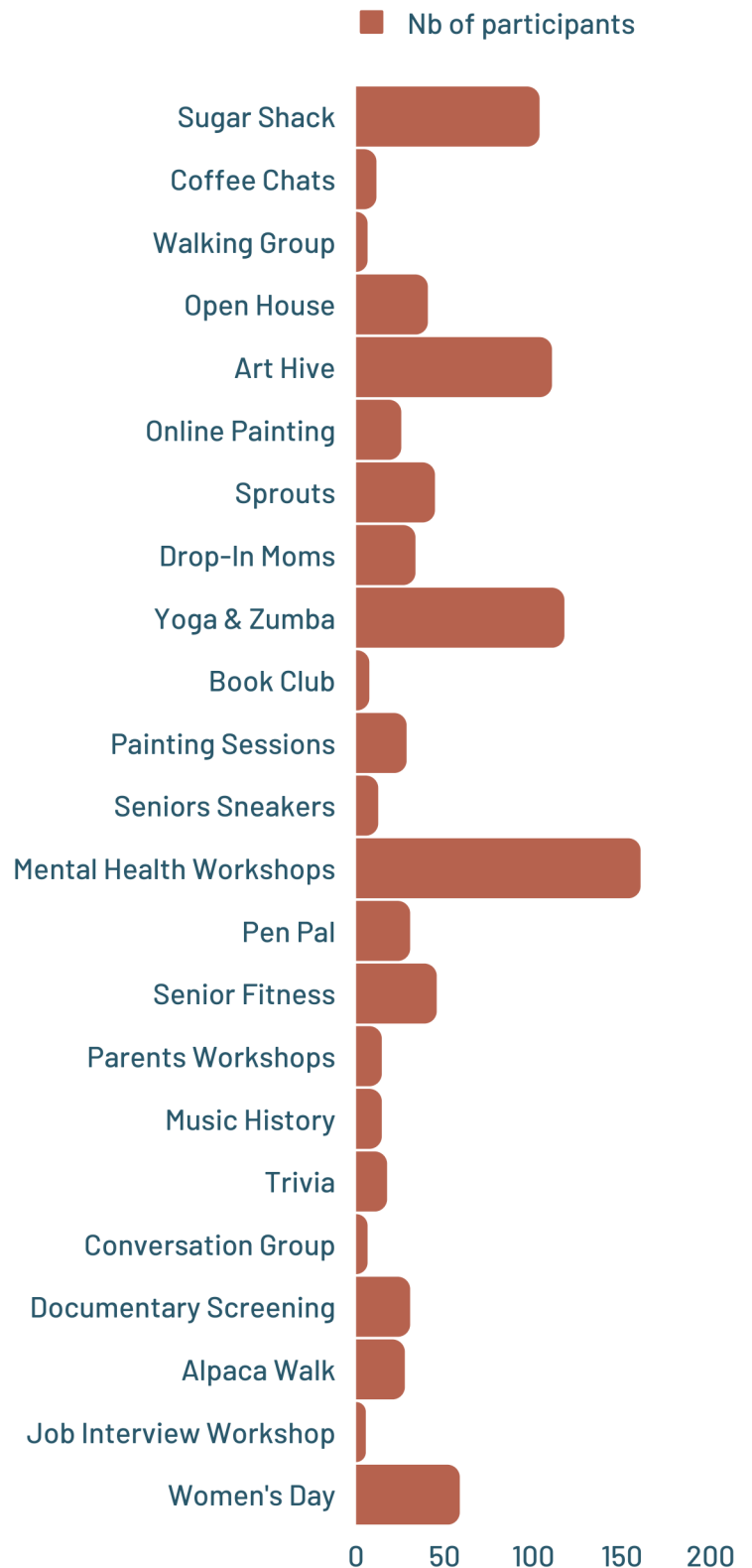
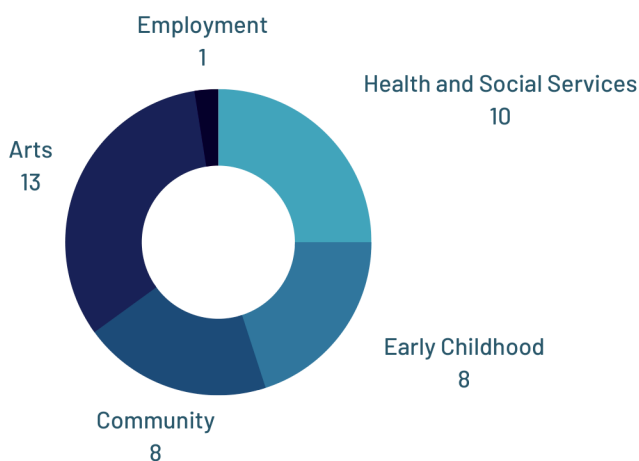
Partnerships

In 2022-2023, MEPEC was dedicated to creating formal partnerships to improve access to services in English by increasing learning opportunities, recreational activities and available information.

It is through partnerships and collaboration with community, public and private organizations that MEPEC was able to support the adaptation of existing services and create new initiatives. In the past year, MEPEC maintained and created approximately 35 partnerships and collaborated with organizations on multiple initiatives.

The majority of MEPEC's work was done in collaboration with community-based organizations in the delivery of services. These community-based organizations work primarily in the area of health and social services, but also in education, employment, culture, immigration, early childhood and youth.

MEPEC offered a total of 40 different activities, workshops and events to its members and the English-speaking citizens of the Montérégie-Est. A total of 910 people attended our activities, for an approximate overall attendance of approximately 2808.





Participants at International Women's Day where numerous speakers presented useful information on women's well-being



Debbie Hanney accompanied by Laurie Boisvert, recipient of one of our bursaries



A member posing after receiving her Kit for Kids bag for her new baby in waiting



Karen Massé at Heritage High School during her Mental Health activity in May 2022

In 2022-2023, MEPEC had the help of many volunteers to host our activities and deliver our services. MEPEC wishes to put out front the work, support and dedication they have given to MEPEC.

Thank you to our Library volunteers:

- Christine Deeks
- Maria Lena
- Valerie Robillard
- Paula Fortier
- Margaret Cross
- Jacqueline Payne
- Mary Ann Shannon Lauder
- Ann Flemming
- Susan Leblanc



More than 200 books donated to the library

More than 80 visitors

More than 160 books borrowed

A special thanks to our two cleaning ladies, who took care of our office and library every weeks. Also, to our volunteers who prepared our Art Hive workshops every months and activities with and for the children.

Thank you to all our volunteers:

- Marie Diane Pelletier
- Afiya M. Roberts
- Christina Li
- Isabelle Camps
- Wendy Seale
- Jacinthe Boutin
- And many more!



Total of 26 volunteers



Approximatively 1000 hours of volunteering

Our Funders

Funders

Canada 

CHSSN

 Fondation Lucie
et André Chagnon

Dialogue McGill

RDN
Regional Development Network
Réseau de Développement Régional

Québec 

Networking and Partnership Initiative

Seniors' Wellness Center
Employment Strategy
*Cooperation²
with the
Community
Sector*

NEW HORIZONS

Bright Beginnings 

YOUTH MENTAL
HEALTH INITIATIVE

*Supporting and
Promoting
Mental Health*

RECRUITMENT AND
RETENTION PROJECTS
COMMUNITY NETWORK
BURSARY PROGRAM

*HEALTHY
EARLY YEARS*

Community Health Education Program

ENHANCING
REGIONAL
COMMUNITY
CAPACITY

Programme Action Aîné du Québec

The production of this document is made possible through funding from:



Health
Canada

Santé
Canada

*Secrétariat aux relations
avec les Québécois
d'expression anglaise*

Québec 



